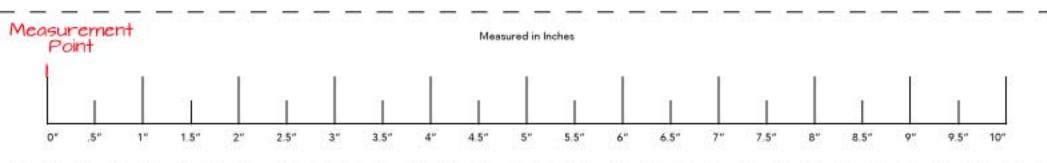
JLK Jewelry www.jlkjewelry.com



Cut the ruler out and wrap around your wrist, snuggly but not tightly.

WOMAN'S WRIST		MEN'S WRIST	
XX Small	4.5 - 5	XX Small	5.25 - 5.75
Extra Small	5.0 - 5.5	Extra Small	5.75 - 6.25
Small	5.5 - 6.0	Small	6.25 - 6.75
Medium	6.0 - 6.5	Medium	6.75 - 7.25
Large	6.5 - 7.0	Large	7.25 - 7.75
Extra Large	7.0 - 7.5	Extra Large	7.75 - 8.25